

Bikram Yoga Delta Schedule - All Classes Are 90 Minutes

Monday	X	9:30 AM	12:00 PM	4:15 PM	6:15 PM	8:15 PM
Tuesday	6:00 AM	9:30 AM	—	4:15 PM	6:15 PM	8:15 PM
Wednesday	6:00 AM	9:30 AM	12:00 PM	4:15 PM	6:15 PM	8:15 PM
Thursday	6:00 AM	9:30 AM	—	4:15 PM	6:15 PM	8:15 PM
Friday	6:00 AM	9:30 AM	12:00 PM	4:15 PM	6:15 PM	X
Saturday	8:00 AM	10:00 AM	—	4:15 PM	X	X
Sunday	8:00 AM	10:00 AM	—	4:15 PM	X	X